

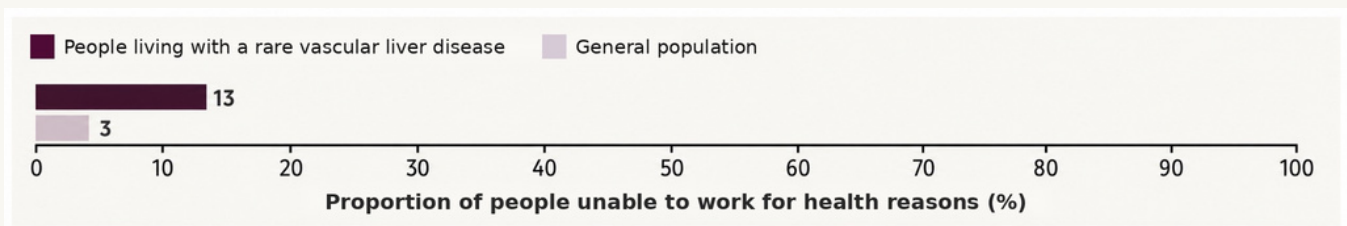
# Employment, Work Capacity and Vascular Liver Diseases

Living with a vascular liver disease can, for some people, affect their ability to work and have an impact on their professional life.

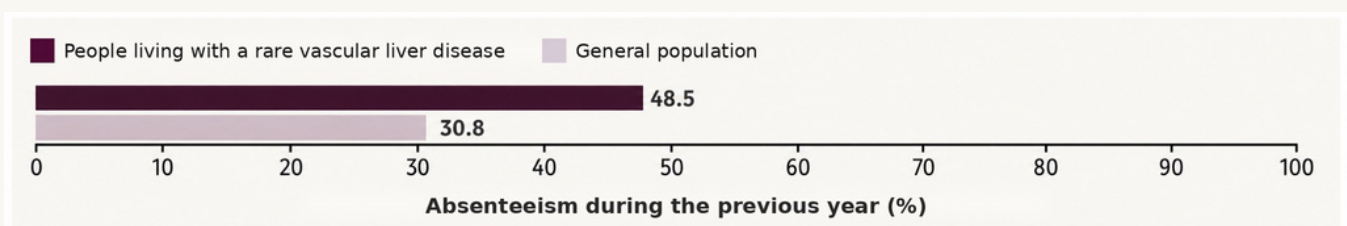
## What the LIVES project shows, a European project on health-related quality of life in these diseases

In 2024, a questionnaire-based study was conducted among 488 people with portal vein thrombosis or Budd–Chiari syndrome, followed in 3 countries (France, Spain and Switzerland).

- People living with a rare vascular liver disease were more likely to be **unable to work for health reasons** than the general population.



- Among people who were employed, **absenteeism due to health reasons** was significantly higher.



### Factors associated with inability to work



a history of gastrointestinal bleeding or radiological or surgical interventions



older age (while still of working age)



lower educational level

### Factors associated with absenteeism



moderate to severe pain



being unable to obtain special leave from work

## What the LIVES project shows, a European project on health-related quality of life in these diseases

In 2024–2025, 27 in-depth interviews were conducted by peer researchers (patients or caregivers themselves) with people with portal vein thrombosis or Budd–Chiari syndrome, followed in 4 countries (France, Spain, Switzerland and the Netherlands).

### Participants described several ways in which the disease can affect their working lives:

- Feeling limited in their career, due to reduced work capacity, sometimes affecting career progression and income.
- Fear of or experiences of discrimination at work, which may lead people to hide their condition, particularly when symptoms such as fatigue are invisible.
- The need to keep the disease private, with some people not wanting to be perceived or labelled as “ill”, either administratively or socially.

**Scan the QR codes below to access the scientific publications from the LIVES project:**



**Kangas et al. Clinics and Research in Hepatology and Gastroenterology, 2026**



**Alary A, et al. Health expectations, 2026**